

# Safeguarding Bulletin

#### ISSUE 32

Mount Kelly's Safeguarding Bulletin aims to provide parents and carers with the information needed to have informed and age-appropriate conversations with their children about potential risks and issues in the wider world and online. This week's bulletin provides information about two games—Final Fantasy XIV and Lego Fortnite.

#### **Final Fantasy XIV**

Massively multiplayer online roleplaying games – or 'MMORPGs' – are a highly popular subgenre, allowing people from all over the world to exist within the same fantasy realm, joining each other on quests or testing their skills against each other. One such title in this genre is Final Fantasy XIV, which released back in 2010 and – despite its initial failure – saw a surge of popularity in later years.

As with any online game, there are plenty of risks associated with Final Fantasy XIV – and it's vital for parents and educators to understand these safety concerns, in case any children in their care wish to enjoy this title. The first of this week's #WakeUpWednesday guides offers expert insight into the potential hazards of playing Final Fantasy XIV and lets you know how best to safeguard any young fans of the game.





#### Lego Fortnite

Fortnite is a game well-known for its popularity with younger players, as well as its many different modes and expansions intended to keep the experience fresh for long-time fans. One such addition has been LEGO Fortnite – a kind of "survival mode" where players take control of LEGO characters, craft tools, and build structures in a manner similar to the toy set of the same name.

While the content of LEGO Fortnite has been rated as suitable for children of 7 and older in the UK, it – like any online game – carries inherent safety concerns. For this reason, parents and educators should consider keeping themselves apprised of any potential dangers posed to children who enjoy this title. Our second guide offers plenty of insight into the most prominent risks associated with this title, and lets you know how to ensure children can safely enjoy their time with this expansion. At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

# What Parents & Educators Need to Know about FINAL FANTASY XIV

The video game Final Fantasy XIV launched in 2010, and, despite being critically panned, it saw an overhaul that has made it one of the biggest success stories in gaming. Its huge world, epic story and versatile combat system have continued to draw in new players, but there's a lot that trusted adults need to be aware of – not least the cost of paying monthly to play.

## ALWAYS ONLINE

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WHAT ARE

THE RISKS?

Final Fantasy XIV is an MMORPG, which stands for Massively Multiplayer Online Role-Playing Game. Much like World of Warcraft, players create a character in a chosen class and level up by completing quests to gain power and items. The game requires a constant internet connection, whether you're playing on PC, Mac, PlayStation or Xbox, and there's no option to play offline.

#### REGULAR EXPANSIONS

As with similar titles in the genre, players can purchase expansions to unlock additional content for the game. Those without the expansions will be locked out of certain new quests and activities, meaning that young people who play regularly will potentially have the next release earmarked on their calendar, ready to buy it as soon as possible.

# IN-GAME PURCHASES

Users need to pay £8.99 per month to play Final Fantasy XIV, but there is a free trial. If someone stops paying, they'll lose access to their character (although they'll be able to pick up the payments again and resume where they left off). If a player forgets to cancel their payments, however, those subscription fees will continue rolling on automatically.

FREE TRIAL

## VOICE & TEXT CHAT

Final Fantasy XIV lets players send chat messages in-game or speak to each other over voice chat. On the one hand, that provides plenty of choice for how those enjoying the game can interact with their fellow fans. On the other hand, however, it's easier than in many games to receive unprompted messages from a stranger, with whom you constantly share your play space.

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# VIOLENCE

While Final Fantasy XIV has a fairly light tone throughout some of its quests, many involve killing enemies and sometimes even wild animals. The violence isn't especially strong – more comparable to a cartoon or anime style – but the act alone may make some children feel uncomfortable, if they're not yet able to separate fictional harm from the real kind.

#### POTENTIAL FOR ADDICTION

As with World of Warcraft, there's an element of addiction to Final Fantasy XIV. The gameplay loop can be quite engrossing, as minutes turn into hours and hours into days while playing alone or with friends. This can potentially lead to missing real–life events, a lack of interest in any activities not related to the game and procrastination around responsibilities like schoolwork.

# Advice for Parents & Educators

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#### MANAGE PLAYTIME

Playtime limits are a great way to counter the addictive qualities of games like Final Fantasy XIV. They allow you discuss why it's still important to enjoy things outside of gaming while still letting a child enjoy playing online with their friends when it makes sense to do so. It's all well and good to have fun with a game, so long as they're able to step away and reconnect with the real world.

#### MAKE USE OF THE FREE TRIAL

The Final Fantasy XIV free trial is a generous one, with no limits on how long someone can play until their character hits level 70. That's easily dozens of hours for a child to go through the game, complete quests, and see if they enjoy it before purchasing expansions or subscribing to a membership. They may well move on to something else before you need to spend so much as a penny.

## PLAY TOGETHER

The free trial makes it extremely easy to jump into Final Fantasy XIV and play alongside a child, provided they're old enough. Not only does that help you ensure that settings are adjusted for their privacy and safety, but it may also end up becoming a bonding experience for you both and any other family members that want to try it out.

#### REMEMBER, IT'S A PEGI 16

Despite its often-relaxing nature, Final Fantasy XIV carries a PEGI 16 rating for violence and drugs (although the latter is due to a character smoking a pipe on occasion). There's minimal blood, but characters can attack enemies (and other players) with weapons and spells. Take a look at some gameplay videos to see if the content is appropriate for a younger player.

#### Meet Our Expert

Lloyd Coombes is the Editor-in-Chief of GGRecon, and has been working in the gaming and tech industry for five years. A longtime fan of online games, he's also a parent, and therefore understands the importance of online safety. Writing mainly about tech and fitness, his work has previously been published at sites including IGN, TechRadar and plenty more.

Source: See full reference list on guide page at: https://nationalcollege.com/guides/final-fontasy-14

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# What Parents & Educators Need to Know about

Epic Games have recently introduced three new game modes to Fortnite: Rocket Racing, Fortnite Festival and, finally, Lego Fortnite: a survival game using official Lego characters. There are lots of great mechanics that encourage creativity in children, but – as with any online game – it's important to stay aware of the potential risks.

#### WHAT ARE THE RISKS?

#### MONETISATION

Lego Fortnite utilises a similar online item shop to the main Fortnite game. When this title was released, the makers introduced thousands of Lego versions of the original game's character skins. Owning an original Fortnite cosmetic means you also own the LEGO version at no extra cost, but the addition of these extra versions could potentially spark new interest in young players, making it more tempting to pay real money for these in-game accessories.

#### **ONLINE PLAY**

LEGO Fortnite can be played online, as with the base game. While a player's LEGO world is private when it's first created, they can then invite anyone on their in-game friends list to play with them. If any strangers are on this friends list, they can be invited onto their server. Thankfully, Epic Games has implemented a solid reporting system, as well as tools to kick other players from the game.

#### FEAR FACTOR

There is no explicit violence in Lego Fortnite, but There is no explicit violence in Lego Forthite, but there is a lot of combat. While the battles in Lego Forthite remain very cartoonish and child friendly, a lot of the action unfolds inside dark caves, with spiders, skeletons or scary-looking monsters. The game can get a little spooky at times, which could potentially scare younger players.

#### COMPLEX GAMEPLAY

Lego Fortnite is a survival game, though it's not as simple as something like Minecraft. There are lots of different crafting stations and loads of items to use or combine (including various rarities to seek out and harvest). The gathering and crafting elements of the game can get quite complicated and confusing, which could be a source of frustration for some younger players

## **Advice for Parents & Educators**

#### LEGO IS FRIENDLY

Much like real Lego, this game is incredibly inviting. It's friendly, fun and accessible: a younger player could still enjoy this title even if they'd never played Fortnite before. With sanitised violence, it's a far more family-friendly gaming experience all round -worth bearing in mind if you're concerned about children and young people being exposed to violent or frightening content.

## SET LITTLE CHALLENGES

As we've noted, the game is a lot more difficult than it may seem, which could be frustrating or upsetting for some younger players. While the game does a good job of setting realistic targets for players, it can still feel overwhelming. If parents suggest smaller challenges – such as building a house – children can flex their creativity, express themselves with their builds and feel a real sense of accomplishment.



### PLAY TOGETHER

Take some time to play the game together. Not only will that help with some of the complicated tasks, but it's also just a fun pastime. Playing with family members also reduces the potential for younger players to invite strangers to enjoy the game with – if any are on their friends list. Furthermore, playing with children will let you more effectively limit their time spent on the game. Instead of "switch it off", you can now say "let's play some more later!"

## MONITOR SPENDING

If a child has provided their parents' email address and been given consent to make in-game purchases, it's worth keeping an eye on how much gets spent on the in-game currency, V-Bucks. It's very tempting to buy character skins in LEGO form, as a way of expressing yourself and looking cool and unique. As you may know already, the average skin costs between £6-18, which can add up very quickly if not tracked and limited. Keep in mind that you can make it necessary to enter a PIN code to validate every purchase using the game's parental controls, and you can prevent the game from saving your payment information whenever you make a purchase. Furthermore, players under-13 automatically have their spending limited to \$100 (£78.55) per day.

#### Meet Our Expert

Daniel Lipscombe is a writer specialising in technology, video gaming, virtual reality, augmented reality and Web3. He has also written 15 guidebooks for children, covering games such as Fortnite, Apex Legends, Valorant, Roblox and Minecraft. With work published by the likes of PC Gamer, Kotaku, Pocket Gamer and VG247, he has reviewed more than 50 games and products over the past year.





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